

*It's go time!*

# Tube-Feeding Travel Tips

It's finally time for your long-awaited vacation! Traveling with a child or loved one who uses tube-feeding or depends on specialized formula for their nutritional needs will require extra planning for a safe and enjoyable trip. Even with a solid travel plan, mishaps or delays can happen, so preparing for the unexpected is always a good idea.



MEDICAL  
SOLUTIONS



## Travel Checklist

- Enough formula and pump feeding bags to last the entire trip, plus extra to account for any travel delays
- Syringes for water flushes and medications
- Bottled water
- Back-up feeding tube
- Extension sets for those with a low-profile gastrostomy tube (button)
- Gauze/tape for tube site care
- For nasogastric tubes (NGTs), supplies to confirm correct placement of the tube
- Feeding pump, charger, backpack
- For patients who use a feeding pump, include a gravity bag for emergency use
- A cooler with ice packs to keep formula cool during travel

## Air Travel Reminders

- Delays are common during the holidays and other busy travel times, so make sure to have extra formula and supplies
- Carry on needed supplies and formula
- Make sure feeding pump is charged and bring a gravity feeding bag as back-up

If you have any questions, please  
contact us at **866-883-1188**  
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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-255-8360 (TTY: 1-888-255-8360).

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